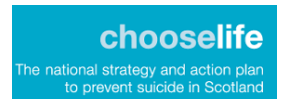


# Suicide Awareness (Safe TALK)

Duration: 3.5 hours  
Cost: Free of charge in conjunction with  
Epilepsy Awareness training.



## COURSE AIMS

- ☞ Train participants in basic suicide awareness.
- ☞ Raise awareness of their organisation's responsibility in relation to suicide awareness.

## LEARNING OUTCOMES

Participants will have an understanding of the procedure to support individuals who have thoughts of suicide. The following areas are covered regarding:

- ☞ how to tell someone if you are having thoughts about suicide
- ☞ the process of asking the correct questions when supporting someone with thoughts of suicide
- ☞ the listening skills involved with this process
- ☞ the structure required to keep someone safe if they disclose to you they are considering suicide.

**Contact the office for further information or to book training.**

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