

## Epilepsy Connections

# Connections

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## A day in the life of a Fieldworker

*Our Fieldwork Team work with people with epilepsy in Glasgow and Forth Valley. To give you an idea of the kind of support the team offers, we asked one of our Fieldworkers to describe a typical working day.*

"My day starts with a meeting with a client at his place of work to do an Epilepsy Awareness presentation to his employer and work colleagues. This lasts approximately one hour.

I then return to the office and catch up on some phone calls

before my next appointment, which is with a family of an 8 year old child who has epilepsy. We complete a DLA form, but also discuss issues such as seizure alarms and medication.

After lunch I make my way to the Western Infirmary where we have a Drop-in service on Tuesday afternoons. There I meet a client who has recently been diagnosed with epilepsy, together with her partner. They are looking for information on epilepsy and related issues such as driving regulations and how to manage seizures. I

provide information leaflets, an identification card and a seizure diary before making an appointment for them to come into the office for a further chat and to watch a video about living with epilepsy.

When I return to the office I have time to refer a client to our Befriending Project for a befriender and to refer another client to an Occupational Therapist for the purpose of getting a shower installed in their home".

## Multicultural Project Information Service

We've been running an information service every second Tuesday at East Pollokshields Project, 100 McCulloch Street, Pollokshields, Glasgow G41 1NX.

Our Multicultural Project worker is available to provide information and support in English, Urdu and Punjabi to local people with epilepsy, their families and carers. If you're interested in coming along to discuss epilepsy-related issues in confidence, please contact the office first to arrange an appointment on **0141.248.4125**.

## A Celebration of the Mainstreaming Project

Supported by

BIG LOTTERY FUND

Epilepsy Connections held a special event on 19th December 2008 to celebrate the achievements of everyone who has taken part in the Mainstreaming Project to-date.

Past and present project participants came together with staff, tutors and volunteers to discuss their experiences and make suggestions for the future.

When the work was done,

everyone went on to enjoy a celebration lunch together.



Some of the participants working on feedback questionnaires



Supporting people with epilepsy

**Epilepsy Connections  
Head Office**

100 Wellington Street  
Glasgow G2 6DH  
Tel: 0141.248.4125

**Forth Valley Project**

Neurology Department, Falkirk Royal Infirmary  
Major's Loan  
Falkirk FK1 5QE  
Tel: 01324.624000, Ext 6022

**OR**

Unit 6, The Courtyard  
Callendar Business Park  
Callendar Road  
Falkirk FK1 1XR  
Tel: 01324.692030

**Living Well With Epilepsy Project**

Unit 6, The Courtyard  
Callendar Business Park  
Callendar Road  
Falkirk FK1 1XR  
Tel: 01324.692030

## EPILEPSY CONNECTIONS

*Supporting people with epilepsy*

Website:  
[www.epilepsyconnections.org.uk](http://www.epilepsyconnections.org.uk)

### Memory Workshop Thursday 21st May from 10am—4.30pm

The Memory Workshop will be held within our office at 100 Wellington Street, Glasgow and **is free of charge**. It will include oral and DVD presentations on how memory works, how epilepsy affects memory and will teach strategies for making the most of your memory. **If you are interested in attending, please contact Irene on 0141.248.4125.**

## Forthcoming Events

### Dealing with challenging childhood behaviour in epilepsy

It is not uncommon for parents of children with epilepsy to experience difficulty to manage behaviour, resulting in a significant detrimental impact on the family. Epilepsy Connections and Epilepsy Scotland are assessing the need for parenting workshops in Glasgow to explore the link between epilepsy and behaviour. **To register interest please contact Colleen Wilson on 0141.248.4125 or Michael Adair on 0131.226.5458**

### Living Well With Epilepsy Workshops in Forth Valley

This programme of 6 free workshops is for adults with a confirmed diagnosis of epilepsy, and for a partner, carer or family member. Topics will include: **epilepsy myths and facts, coping with stress, living with long-term medication and epilepsy and memory.**

At the end of the workshops you will understand more about epilepsy and how to manage it. Workshops will be held in the following venues:

**BALFRON**—on Tuesdays from 17th March—21st April, from 11am—1pm. McLintock Hall, Buchanan Street

**GRANGEMOUTH**—on Tuesdays from 5th May—9th June, from 10.15am—12.15pm. Community Education Unit (beside Grangemouth Sports Centre).

**Please phone the office on 01324.692030 to reserve a place.**

### Epilepsy Support Groups in Forth Valley

Would you like a chance to meet informally for a chat and a cuppa with other people with epilepsy and a friendly field-worker too? **All groups take place from 2.30—4.00pm.**

**FALKIRK**—Wednesday 11th March and 6th May  
Cladhan Hotel, Kemper Avenue

**ALLOA**—Wednesday 25th March and 20th May  
Claremont Lodge Hotel, Kellie Place

**STIRLING**—Wednesday 8th April and 3rd June  
Golden Lion Hotel, 6 King Street.

**You do not need to reserve a place—just drop in.**